



JENNIFER TRUETT

- *Owner/Head Trainer of Dancing Horse Farm, Lebanon, OH and Loxahatchee, FL
- *Gold, Silver, Bronze Medalist
- *Gold, Silver, Bronze Freestyle Bars
- *"L" Graduate "with distinction"
- *USDF Certified Instructor - 2nd
- *USDF PM Delegate for 6 years



Over the years, Jen has created her own "Dare 2 Dream" (D2D) Training System which is a culmination of groundwork, classical principals and human and equine biomechanics. The goal of D2D is to enable clear communication between horse and rider while considering how the horse feels about each request. Groundwork is the foundation of D2D because it builds a bond of trust through development of a **common language between horse and human**. It also teaches humans to recognize, respect and respond appropriately to the horse's mental and emotional states.

D2D also focuses on creating a **common language between coach and rider** by utilizing RWYM principles that

convert the "traditional language" of dressage teaching into ideas and exercises that tell the rider not just what to do, but why and how to do it. RWYM uses proven learning theories and visual imagery to teach skills in bite-sized chunks to make the complex simple.

Jennifer's D2D methods have been instrumental in the recovery of several horses who were crippled from injuries or EPM. When Lafayette HQ ("Taffy") came to Jen in late 2009, he was crippled from an old cannon bone fracture, only had basic W/T/C training and was about to be euthanized. Jen's D2D training methods enabled the pair to go from zero to Grand Prix in only 6 years, earning numerous accolades along the way. In late 2015, they dipped their toes into the GP waters and in 2017, they competed in their first CDI.

Ride with Jen to learn how to Dare 2 Dream. You'll be amazed at how quickly you'll see and feel results. Visit her website for more info: www.myDHF.com

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